



SAFETY INSTRUCTIONS FOR RIDERS

Ensure that safety instructions are always adhered to when riding.

- 1) Wait for your instructor before entering the arena and/or wait for permission to enter the arena.
- 2) Be properly attired.

Riders must be dressed in the following:

- Comfortable sleeved top (T-shirt, Polo shirt etc.);
- Comfortable full-length trousers (track pants or jodhpurs, **NO** shorts or $\frac{3}{4}$ pants);
- Permitted footwear with socks (long/short riding boots or shoes with a smooth sole and small heel, **NO** sport shoes, trainers or sneakers).

Approved riding boots, whip and helmet (fulfilling the minimum safety requirements) are available for rent at \$1.00 per item, per riding session. If you wish to wear your own helmet, our instructor must check that it fulfills the minimum safety standards as follows:

- PAS015 (1998 or 2011) with BSI Kitemark
- VG101.0404: (2014 – 12) with BSI Kitemark
- ASTM F1163 (2004a or 04a onwards) with SEI mark
- SNELL E2001: with official SNELL label and number
- AS/NZS3838 (2006 onwards) with SAI Global Mark

For your own safety, long hair must be tied back, with helmet to be worn at all times during the riding lesson. **NO** dangling earrings and/or jewelry should be worn.

Riders who are assessed to be improperly attired by our instructor will not be permitted to ride. Regretfully, requests for refunds and alternative and/or make-up lessons will not be entertained.

- 3) Ensure that you are physically fit to ride.
- 4) Follow instructions given by your instructor. If in doubt, ask.
- 5) Ensure family members or friends in the viewing gallery follow instructions given on safety notices.



Acknowledgement*

I hereby acknowledge that I have read, fully understand, and agree to follow the safety instructions detailed in this form.

Signature of Participant

Name:

Phone Number:

Date:

Signature of Parent/ Legal Guardian**

Name:

Phone Number:

Date:

Name of Participant:

**To be endorsed by parent/ legal guardian of at least 18 years old and above for participants under 18 years old*

***Delete where appropriate*